

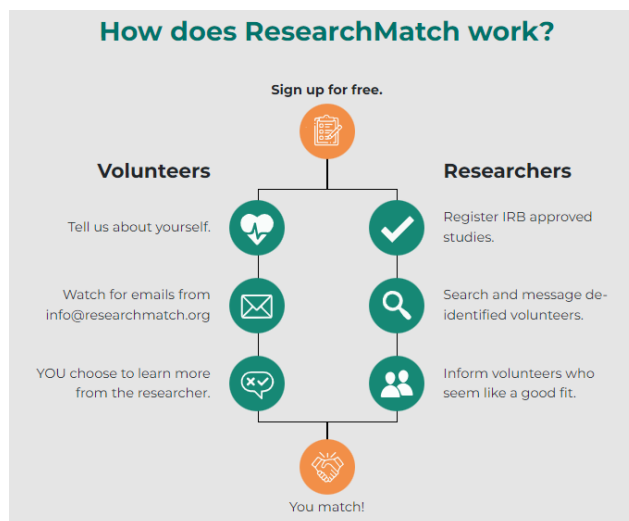


# ResearchMatch 101: Researchers

## What is ResearchMatch?

ResearchMatch is a no cost program supported by the NIH to help connect people interested in research participation with applicable matches to research studies and teams at a local, regional or national level.

ResearchMatch site: <https://www.researchmatch.org/>



## 1. Prepare:

1. Have IRB approval to use ResearchMatch as a recruitment resource
2. Have an IRB approved contact message (samples available-describes study to participants).
  - ResearchMatch researcher resources and FAQ available [Here](#)
  - Guide and template language for IRB application [Here](#)
  - Optional: Your REDCap prescreening (eligibility) survey if desired.
  - If you can recruit Spanish speakers, you will need an IRB approved contact message in Spanish.
3. **Set up your researcher account** [Here](#)
4. **Training slides are available for further assistance** [Here](#)

## 2. Add your Study:

1. Log into your ResearchMatch profile and follow the prompts on your dashboard (upload the IRB approval letter with an expiration date)
2. Your submission will be routed to your NU ResearchMatch liaison and the PI for approval.
3. Respond to the email from ResearchMatch to accept access to the database of volunteers

## 3. Use the filters to search and send:

**#1 The Geographic Location Filter** – use this filter to search within an area or region (# of miles)

**#2 The Demographic Filter**- Start with the basics by choosing the *age*, *gender*, and *race* of your participants. For example you can include or exclude tobacco use, weight, and other participant volunteered demographics.

**Tip:** *If your study is only recruiting women, do not send the message to men – volunteers can get fatigued and withdraw from RM when they are contacted about studies when they do not meet the basic criteria. Losing the national database of volunteers is a loss for everyone.*

**#3 The Health Condition and Medication Filters**-Like Google, ResearchMatch needs you to use the logic model operators 'OR', 'AND', and "Exclude".

**Click on Set 1, Set 2, and EXCLUDE, and let these powerful friends do the work for you!**

**Set 1 uses OR** ('show me people with high blood pressure OR diabetes')

**Set 2 uses AND** ('show me people with high blood pressure AND diabetes')

**Exclude** is your power helper ('exclude people from this group that report having cancer')

Have questions or need help? Contact NUCATS Center for Clinical Research at [navigator@northwestern.edu](mailto:navigator@northwestern.edu) for additional training guides, resource information, or to attend a RM Researcher Training Session.